

WORKING EQUITATION YARRA VALLEY



NEWSLETTER

JUNE 2017

Club Postal Address – 4 Fulford Rd, Wonga Park 3115

Club Website – www.workingequitationyarravalley.org

Club Facebook page – Working Equitation Yarra Valley

Committee members

PRESIDENT – Helen Sharp
NEWSLETTER EDITOR – Helen Sharp
VICE PRESIDENT – Kerry Pitcher
TREASURER – Kerry Pitcher
SECRETARY – Lindy Whitfort
EVENTS CO-ORDINATOR – Lindy Whitfort
RALLY CO-ORDINATOR – Lisa Saunders
INSTRUCTORS AND VENUES – Anna Gust
UNIFORMS – Julia Colman
OBSTACLE CO-ORDINATOR – Julia Colman
FUNDRAISING – Fay Diamantakis
RISK MANAGEMENT – Fay Diamantakis
WEBSITE CO-ORDINATOR – Andrew Feher
GENERAL COMMITTEE – Debrah Clow
GENERAL COMMITTEE – Jeni Silver
ANWE LIASON – Susie Walker & Andrew Feher
FACEBOOK CO-ORDINATOR –

helenjsharp@bigpond.com

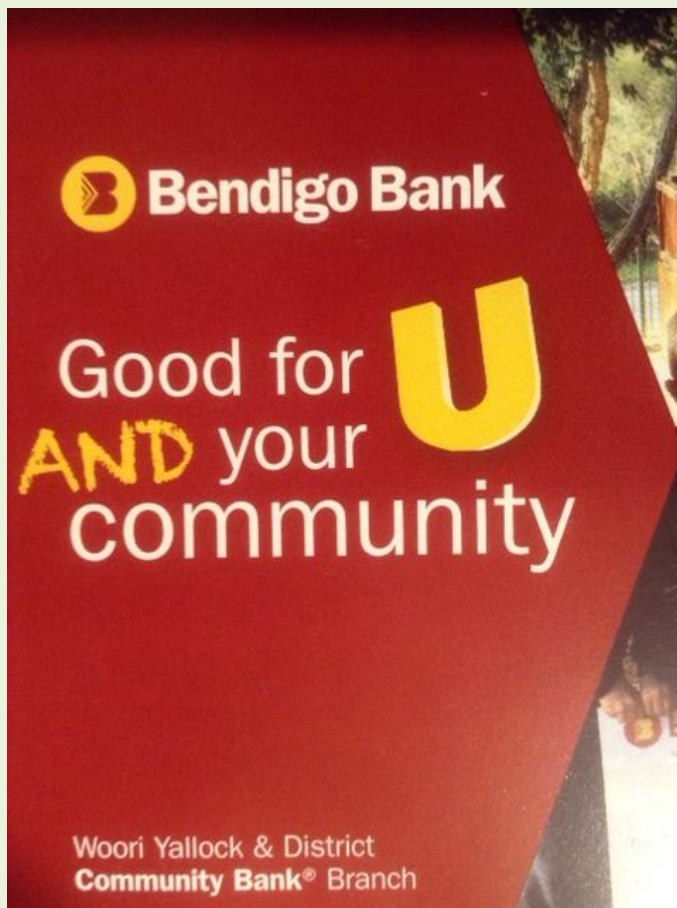
kerry.pitcher@gmail.com

lindy.whitfort@bigpond.com

lisaandian@bigpond.com.au
annagust37@hotmail.com
colmanj@southernphone.com.au

fdiamantakis@optusnet.com.au

feher.andrew@gmail.com
alfranzpark@bigpond.com
jenisilver62@gmail.com
walker.susieg@gmail.com



BENDIGO BANK:- **ANOTHER FABULOUS** **SPONSORSHIP DEAL**

Our club has again been fortunate to gain another sponsorship deal with the fabulous Bendigo Bank, namely the Woori Yallock and District Community Bank Branch (WYDCOM).

We now have \$2000 to put towards our beautiful soft shell jackets. Once ordered these jackets will be sold at a discounted rate so that all members get a chance to purchase a jacket.

More details will be announced once they come to hand. It is very exciting for our club to have Bendigo Bank as a major sponsor. For those newer members to our club WYDCOM have sponsored us twice in the past. The 1st time was

for funds to get new obstacles together for our course prior to an unofficial competition that we held a couple of years ago. One of those obstacles was our fabulous bridge, amongst others. The 2nd sponsorship was to purchase our lovely polo shirts and now we have the opportunity to purchase a beautiful jacket to match.

We will also be getting some new signage to be displayed at all our rallies and any competitions we may have in the future.

Rewards Program

Woori Yallock & District Community Bank® Branch are pleased to offer a rewards program to the local community to help support its schools, kindergartens, clubs, sporting groups and CPAs.

Your chosen community group can earn valuable income and together we can do more in our local area. All you need to do is speak to the manager at Woori Yallock & District Community Bank® Branch to see how you and the local community could benefit.

It's simple, when you do your banking with us, you get a discount and your chosen community group can earn too.

When your are approved for a new...	Your chosen community group will receive up to...
Bendigo Home or Investment Loan (including refinanced loans)	\$250
Bendigo Business Account	\$25
Bendigo Personal Loan or Credit Card	\$25
Bendigo Term Deposit (min \$10,000)	Refer to Branch Manager
Bendigo Savings or Cheque Account	\$10
Bendigo Piggy Passbook or Christmas Account	\$10
Bendigo Student Account	\$10

One reward per entity. Rewards will only be paid on new approved accounts and settled lending facilities (including credit cards). This offer is only valid at the Woori Yallock & District Community Bank® Branch. Reward payments will be made into your club/school's nominated account on a monthly basis. Fees, charges, terms & conditions apply. All loans subject to banks normal lending criteria.

Come in to our branch and chat to our friendly staff about your insurance needs as well. We will be happy to provide you with a comparison quote.

For more information, please visit our branch at 1585 Warburton Highway, Woori Yallock VIC 3139 or call us on 5961 5644

Whilst on the subject of Bendigo Bank they currently have a rewards program on offer. Anyone that opens a new account can nominate a community group to receive funds as per the (very poor quality!) photo here.

If anyone is interested in this offer please contact me as I have the original cards with me, or contact Branch manager Vicki at the Woori Yallock Branch on 5961 5644.



JUNE RALLIES

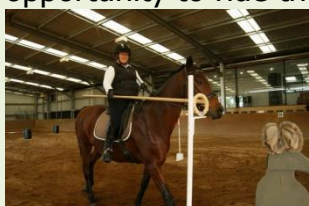
All 3 rallies were well attended though I did hear there were some cancellations due to sickness, which was unfortunate all round. Hopefully everyone is on the mend by now?

Wednesdays pole day with Susie was very popular and, speaking for myself, was a lot of fun. The arena was full of poles of all descriptions, from trot poles (cavaletti), garrocha poles, flag poles, sidepass poles, even the umbrella was in there!

The object of the poles was to use them to enhance our riding skills and to help your horse be lighter and easier to ride.



Saturday and Sunday rally days were full obstacle course days and a lot of members took the opportunity to ride the whole course on one or both days.



Thankyou to those members/riders that arrived early to help Susie set up the course on the Saturday morning, and again to members that stayed back (or came back especially in some instances) to pack up the course at the end of the weekend. As I've said before many hands make light work and the packup was done in 10 minutes. The longest part was actually putting them back in the stable in an organised manner whereby now every obstacle has it's own place and we can see what we have, and get at it more easily come next time they are to be used.

Just a friendly reminder:- If you are watching a lesson from the seats around the arena – as a curtesy to all instructors and riders – please keep talking to a low murmer (or use sign language) whilst a lesson is in progress. Sometimes it can be hard to hear the instructor and it can also be distracting.

RALLY FEEDBACK FORMS

Don't forget to fill in the Rally Feedback form at the end of your lesson on rally days. They should be located on the lunch table upstairs. Your thoughts on the lesson and anything else relating to the club is much appreciated.

RALLY DUTY

It is up to those members on duty to work out between you who will be doing the morning or afternoon duty. The contact details will be on the rally schedule that Lisa will send out to all members prior to the day.

Our club is fortunate to have the use of the indoor arena and the beautiful PRIVATE property at Gruyere, we do not have working bees as such, only rally duty. This consists of supplying milk and some nibbles for morning tea, helping the instructor set up in the morning or pack away at the end of the day, ensuring the poo barrows are emptied and everything is in order before leaving. There are 2 of you on duty each rally and most members offer to help at some stage during the course of the day so it's not a hard job by any means.

Our next rally days are on **Wednesday 5th July and Saturday 8th July**

Duty roster says that the following have duty for July:-

<u>Wednesday</u>	Pam Edwards and Suzy Keitley
<u>Saturday</u>	Brooke and Laura Dalsanto

COMMITTEE MEETING NIGHTS

The committee meets generally on the last Wednesday of the month at the Grand Hotel in Yarra Glen.

All members are welcome to attend the meeting, or just join us for a meal beforehand.

Wednesday is Parma night and there are some pretty special looking parmas to be ordered.

The next meeting is on Wednesday 28th June, meet there at 6.30 to order meals, meeting starts at 7pm sharp.

We would love to see you so please join us. It's also a great opportunity to get to know some of your fellow members.



JUST INCASE SOMEONE MISSED MY ORIGINAL EMAIL!

WE'VE HAD NO RESPONSE SO PLEASE RECONSIDER

This is a general callout to all our computer savvy members, and anyone else that is willing and able to help, in the quest to fill a 'cyber' position on our friendly WEYV committee. We are hoping that amongst our current 54 members there will be someone that will help us out. You do not have to be 'fluent' in computer but some skills and understanding of computers would be useful. On the job training is provided to help settle you in so **PLEASE PLEASE PLEASE** keep reading and consider helping us out.

Susie Walker and Andrew Feher have been 2 of the founding committee members of WEYV since its inception over 3 years ago, doing the hard yards (along with others) in getting our fabulous club up and running.

Earlier this year they both put in a request that they would like to stand down from their committee duties and give someone else the opportunity to help the rest of the Committee and the club.

Their main role was in the Facebook and Website departments and we hope that someone out there in WEYV land will take up the call to arms and help us out.

It is also the opportunity for some new blood, and some new ideas for the club and you would be welcomed with open arms.

The rest of the committee are hardworking and already have their own roles so it is really unfair that one of the existing committee should take on these roles as well, hence this email.

This is your club and we would really like your help.

Please contact Susie if you would like to discuss this further.

CLUB UNIFORM

If you have recently ordered, and paid for a polo shirt please contact Julia on 0437 741871 to arrange collection. She has them waiting for you.



At each of the rallies there will be some 'samples' of our new polo shirts for members to try on prior to ordering and purchase. They come in sizes 8-10, 12-14, 16-18, 20-22, we have these sizes to try on but I think they may come in 24-26 if required. They are a small fitting so don't be alarmed if the size you would normally take won't fit! The shirts are only available in black but we are looking into a white alternative.

We now have a number of 'spare' polos in various sizes for purchase 'on the day' for those that didn't place an order.

As these polos have a sponsor logo on the rear they are not able to be used as an 'official' uniform under HRCav competition rules.

This is an excerpt taken from our Website re uniforms:-

ABOUT – Membership – Club Uniforms

The Club's official colours are **White, Black and Liver Chestnut**. If you are competing at a HRCav event under your WEYV membership, you are required to wear club colours.

The club uniform for HRCav competition comprises:

White or brown collared shirt or polo-shirt with club logo affixed

Black, brown or taupe jodhpurs or breeches

(Optional) Liver chestnut vest with club logo affixed

Black, brown or white saddle blanket with club logo affixed, (with optional trim of a white inner binding and a black outer binding).

Embroidered club logos (sew on patches) are also available in two sizes from the **Uniform Coordinator** at the cost of \$10 or \$15 per logo.

Alternatively, logos can be embroidered directly on to clothing or saddle blankets at Macclesfield or Ringwood. These can be organised through the uniform coordinator to be done in batches.



CLUB CALENDAR

For info and bookings email Lisa Saunders at lisandian@bigpond.com.au
Book early: Closing dates for bookings & payment is 5 days prior to event.

PLEASE NOTE THAT RIDING PLACES FOR RALLIES ARE LIMITED SO DON'T LEAVE YOUR BOOKING TO THE LAST MINUTE OR YOU WILL BE DISAPPOINTED.

Lisa will have a waiting list available for those that have missed out.

This is a new and updated calendar with the new entries highlighted

MONTH	VENUE	DAY	DATE	INSTRUCTOR/S
JUNE	YARRA GLEN	Wednesday	28 th	COMMITTEE MEETING NIGHT 7pm, Grand Hotel, Yarra Glen
JULY	GRUYERE	Wednesday	5 th	Susie Walker
JULY	GRUYERE	Saturday	8 th	Susie Walker
JULY	YARRA GLEN	Wednesday	26 th	COMMITTEE MEETING NIGHT 7pm, Grand Hotel, Yarra Glen
AUGUST	GRUYERE	Wednesday	2 nd	Natasha Jones
AUGUST	GRUYERE	Saturday	5 th	Susie Walker (obstacle course)
AUGUST	GRUYERE	Sunday	6 th	Susie Walker (obstacle course)
AUGUST	YARRA GLEN	Wednesday	30 th	COMMITTEE MEETING NIGHT 7pm, Grand Hotel, Yarra Glen
SEPTEMBER	GRUYERE	Wednesday	6 th	Anna Gust- Garoccha
SEPTEMBER	GRUYERE	Saturday	9 th	Ro Jelbart
OCTOBER	GRUYERE	Wednesday	4 th	Natasha Jones
OCTOBER	GRUYERE	Saturday	7 th	Susie Walker (obstacle course)
OCTOBER	GRUYERE	Sunday	8 th	Anna Gust (obstacle course)
OCTOBER	TO BE ADVISED	Wednesday	25 th	Social trail ride
NOVEMBER	GRUYERE	Wednesday	1 st	Susie Walker
NOVEMBER	GRUYERE	Saturday	4 th	Susie Walker
NOVEMBER	GRUYERE	Saturday	18 th	Natasha Jones(clinic)
DECEMBER	GRUYERE	Wednesday	6 th	Anna Gust Garrocha
DECEMBER	GRUYERE	Saturday	9 th	Anna Gust xmas break up fun

GOODWILL WINES

Our club has a charity account with this company, if any wines are ordered through Goodwill Wines and our account is nominated we will then benefit from the order by having cash paid into our account. Easy money, we already have \$70 odd credited – just for drinking wine!

Don't forget to order your special wines for our club fundraiser. Go to www.goodwillwine.com.au to place your order.

EDITORS CHOICE READING

The Training Tree: Balance

by Ron Meredith

President, Meredith Manor International Equestrian Centre

WAVERLY, WV--Balance is one of those terms in the horse industry that is so misused that it's become mythunderstood. All it really means is that the horse is distributing his weight equally on all four feet. We want him carrying as much of his weight on the ride side of his body as on the left side. We want him to carry as much weight on his two front feet as he does on his two back feet.

That seems pretty simple. But there's a catch. A horse has this long neck with a big heavy head hanging out there at the end of it which naturally has a tendency to shift a little more of his weight onto his front feet. When he's just hanging around being himself, a horse typically carries about 60 percent of his weight on his front feet.

This natural balance is going to vary quite a bit from horse to horse. One young horse may look like he's carrying about equal weight on all four feet when he's standing there. You can look at another horse and it looks like 90 percent of her weight is on her front feet. As horses grow and develop, their hind end grows first and pretty soon they're standing downhill. Then you've got to wait for the front end to catch up. Some horses never completely catch up and stay built downhill, or what we call on their forehand, their whole lives. Because one side of his body stronger or more dominant than the other, a horse also tends to carry a little more weight on one front foot than on the other.

When you're training a horse, it's your job to get him carrying his weight more or less equally on all four feet.

When we're working on straightness, the previous level on our training tree, we start helping the horse develop the muscles and strength he needs to adjust his balance laterally so that he's carrying an equal amount of his weight on his two front feet. Until the horse becomes straight, becomes equally comfortable using the muscles on both sides of his body, he is going to be carrying more weight on one shoulder or the other. He will feel "stiffer" and less accepting of the rein on one side compared to the other. Once he's straight, once he's accepting the rein on both sides, we move to the next level and start asking him to shift some of his weight from his front feet to his back feet to balance longitudinally.

As we're developing the horse's muscles and his ability to carry himself in longitudinal balance, remember that horses have rear wheel drive. All of their power comes from their hind end. They don't have front wheel drive that's pulling them along. Their engine is in the rear. So we've got to build up their engine muscles to play the games they'll eventually play whether it's to get over a bigger jump, to get a longer slide, or to do a better canter pirouette.

Developing balance means that we are asking the horse to bring his hindquarters more under his center. If his back feet tend trail out behind him and we use our aids properly to ask him to step more under the center of his belly, he'll lift his back and start carrying more weight on his hind feet and less weight on his front feet. So his hindquarters need to move up under his center of gravity in order for him to be more balanced. Cavaletti work and transitions are some of the exercises you can use to help a horse develop longitudinal balance.

Training means systematic mental and physical development of the horse. The training tree gives you a sequence of concepts that you can picture step by step. This is very important because it gives you something to go back to when things aren't working. That's a big hole in a lot of trainer's programs. They don't have a step-by-step system that, if something goes wrong, allows them to go back through the sequence to find the source of the problem.

Take a spin, for example. Some trainers just put the horse in the shape of a spin, reinforce with leg to get him to speed up and hope that the horse will figure out how to do it. A really athletic horse will which is why so many trainers get away with doing things this way. But then they get horses that don't have natural athletic talent. Something is wrong in the spin. Maybe the horse is crossing his outside front leg behind his inside front instead of in front of it. Or when he pivots he puts his weight on his outside hind leg instead of on his pivot leg. If you have a horse logical sequence like the training tree to develop the horse's mind and his body, you'll always have a place to go back to in order to fix something. You can fix the problem within the problem and then, when you ask the horse to spin the next time, he'll get it right.

MEMBERS ADVERTS

I am happy to take adverts from members to appear here in this spot. I generally send out an email a week before the newsletter is due out calling for anyone that would like to make a contribution (of any sort)

FLOAT FOR SALE

Straight load double float for sale \$4700. In good condition, regularly maintained and serviced. Upgrading to an extended due to the new addition of a giant WB who needs a little more space. Tows well. Registered till Jan2018
Call Anna on 0431030003 for more details
Or email me at annagust37@hotmail.com



Susie Walker
Equine Encounters
Classical Riding Teacher
EA Coach
ANWE Accredited Working Equitation Judge & Trainer
Available for Clinics & Lessons
0411 098 462
walker.susieg@gmail.com

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RUG CLEANOUT TO HELP FUND MY NEW SADDLE!!!!!!

The following rugs are for sale. Pickup only or can deliver if local.
Most rugs are in very good condition unless stated otherwise but I can elaborate on enquiry.
Some have a minor repair but all are washed and ready to go.

6'0"

- 1 x green Full size neck rug, hardly used, on the small side. \$10
- 1 x purple with white stars synthetic combo, \$40
- 1 x white airflow mesh combo, \$15
- 1 x 'Canta' white cotton with purple edging, \$15
- 2 x white cotton/airflow combo, VGC, \$20 one has a few small repairs, GC \$15

- 1 x 'Petstock' white cotton combo, \$15
- 1 x white heavy duty cotton rug with matching neck rug, hardly used, \$60
- 1 x blue padded bib \$10

6'3"

- 1 x Four Seasons Trojan canvas rug, GC \$60
- 2 x Four Seasons cotton rugs, GC \$15 ea
- 1 x white cotton/airflow combo \$20

6'6"

- 1 x Four Seasons cotton, extra drop, \$20
- Call Helen on 0419030137 or email helenjsharp@bigpond.com

MEMBERS OUT AND ABOUT

Again, here is a spot that you could tell us all about your fabulous ride last week on Neddy, with your friends. Or about a competition or clinic that you recently attended.

OUR SPONSOR



OUR SUPPORTERS

"HANDFORGED WROUGHT-IRON"

Factory 3/ 39 Power Road,
Bayswater
Gary Butters 0402 657 793

For all structural steel/aluminium welding and quality handcrafted iron products.



